

Vows of Freedom

*Most authentic self, Whole Self, multidimensional self, and higher self are the same. They are you in your most natural state connected to all levels of consciousness using a bodysuit to experience and create in this dimension. Body mind, bodysuit, and lower self are the same, and refer to the limited minds of the body/vehicle your higher self rides to experience and create in this dimension.

Forgiveness

With deepest sincerity I forgive myself, for any action or avoidance of action that caused real or perceived harm to myself, or others, in this lifetime and in all lifetimes, in this dimension and in all dimensions. From the deepest part of my being I forgive myself. I forgive myself. I forgive myself, NOW.

With deepest sincerity I ask others to forgive me, for any action or avoidance of action that caused real or perceived harm to myself or anyone else, in this lifetime and in all lifetimes, in this dimension and in all dimensions. From the deepest part of my being I ask others to forgive me. I ask others to forgive me. I ask others to forgive me, NOW.

With deepest sincerity I forgive all others, in this lifetime and in all lifetimes, in this dimension and in all dimensions, for anything that caused harm to myself; to those I care deeply about, to nature, and to humanity. From the deepest part of my being, even when it's hard, even when I don't want to, I must release us both, and so from the deepest part of my being I forgive you. I forgive you. I forgive you, NOW.

With deepest sincerity I forgive myself for anything I may have done to create unconsciousness within myself, and others, in this lifetime and in all lifetimes, in this dimension and in all dimensions. From the deepest part of my being I forgive myself, NOW. I forgive myself, NOW. I forgive myself, NOW.

Other Forgiveness Statement

I forgive God for failing me. I forgive myself for my limited understanding and perception of God that lead me to hate the creator force. I forgive myself for my ignorance of what god is. I forgive my culture (religion) for indoctrinating me in ignorance and the harm that ignorance did to me.

Releasing Vow

I release myself fully and completely from ALL vows, in any lifetime or dimension that I have made under any circumstance that no longer serves me and keeps me unconscious to my true self. I release and free myself from any and all vows I have made to myself, from any and all vows I have made to anyone else, from any and all vows I have made to any god, deity, or creator force that no longer serves me, and from any and all vows that keep me unconscious to my Whole Self. I release myself fully and completely from ALL vows, in any lifetime or dimension that I have made under any circumstance that no longer serves me and keeps me unconscious to my most authentic self. I command freedom and liberation from my bound up, limited thinking self NOW. And NOW in this moment I vow to live and be my most authentic self, grounded only in the present moment. I command it. I demand it. I claim freedom NOW.

Vows that Heal – Harmonious Alignments to the Whole Self (rather than your lower self, or bodysuit)

I vow to live and be my most authentic self, grounded only in the present moment, NOW

I vow to live a meaningful life – NOW

I vow to create beauty around me in my relationships, my environment, and my community – NOW

I vow to see the good in life and create more of it – NOW

I vow a Magical Life - NOW

I vow Magical Relationships – NOW

I vow Magical Opportunities – NOW

Other Vows

I vow to see the beauty within me - NOW

I vow only quality relationships – NOW

I vow to look for solutions (rather than conflict) in every situation and conversation – NOW and ALWAYS

I vow fiscal responsibility – NOW

I vow to live healthy, be healthy, think healthy – NOW

I forgive myself for having unrealistic expectations of myself, and others. And I vow to show up in life fully present and appropriate to the moment.

I vow to see the rich abundance all around me – NOW

I vow clarity of mind - NOW

I vow a Magical Career - NOW

I vow a Magical Marriage - NOW